

Room-by-room cleaning checklists



BEDROOMS

(PRINT OFF ONE FOR EACH HOUSEMATE)

TASK	DONE!
Remove all rubbish	
Windowpanes, frames and ledges cleaned. (Buffing the glass with scrunched-up newspaper will give you a streak-free finish!)	
CA Properties curtains re-hung if you switched them for your own pair	
Door including frame cleaned and handle wiped down	
Light switches and sockets wiped clean	
Skirting boards and picture/dado rails (if your property has them) dusted/cleaned	
All posters, photos removed from walls. There should be no Blu-Tack to remove, because you shouldn't have used any, right?	
Wardrobe cleaned inside and out and desk, drawers vacuumed out and cleaned with a damp cloth.	
Chest of drawers – exterior wiped down and drawers vacuumed out.	
Chair cleaned.	
Carpet vacuumed, including under the bed.	
Mirrors cleaned and polished. (See windows for streak-free tip!)	

BATHROOM, SHOWER & WCs (PRINT OFF AS MANY AS YOU NEED)

TASK	DONE!
Windowpanes, frames and ledges cleaned (if any) (Buffing the glass with scrunched-up newspaper will give you a streak-free finish!)	
Walls wiped down and tiles cleaned. Grout between tiles cleaned with anti-mould and mildew spray.	
Bath cleaned and taps polished. Ensure drain clean and free of hair and gunk.	
Sink cleaned inside and underneath, taps polished. Ensure drain clean and free of hair.	
Shower cleaned, including cubicle inside and out, or walls and curtain. Taps polished. Ensure drain clean and free of hair. Scrub showerhead with anti-mould and mildew spray.	
Shelving cleaned and polished.	
Flooring mopped or, if necessary, scrubbed.	
Cistern wiped down and toilet bowl and seat cleaned.	
Radiators wiped down.	
Door paintwork cleaned and handle wiped down.	
Light switch or pull-cord handle wiped clean.	
Mirrors cleaned and polished. (See windows for streak-free tip!)	
Toilet brush thrown out.	

HALLWAYS, STAIRS AND LANDINGS

(PRINT OFF ONE FOR EACH FLOOR)

TASK	DONE!
All junk mail and takeaway menus binned	
Light switches and sockets wiped clean	
Door paintwork wiped clean of fingerprints etc	
Skirting boards and dado rails (if any) dusted and cleaned	
Hall carpets vacuumed	
Hall furniture (if any) dusted	
Banister handrails cleaned	
Stair carpets vacuumed	
Radiators wiped down	
Mirrors cleaned and polished. (See windows for streak-free tip!)	

LAUNDRY ROOM

TASK	DONE!
All rubbish thrown out	
Cupboards emptied and cleaned inside and out	
Washing machine top and front wiped clean	
Washing machine soap drawer cleaned out	
Sink cleaned and taps cleaned and polished	
Shelving cleaned, if applicable	
Tumble dryer top and front wiped clean	
Tumble dryer filter cleaned	
Floor and skirting boards cleaned	
Door paintwork cleaned and handle wiped down	
Light switch and sockets cleaned	

KITCHEN

TASK	DONE!
Remove all rubbish	
Windowpanes, frames and ledges cleaned. (Buffing the glass with scrunched-up newspaper will give you a streak-free finish!)	
Blinds (if any) dusted or, if possible, wiped down	
Door paintwork cleaned and handle wiped down	
Walls, light switches, skirtings and sockets wiped clean of fingerprints and food splashes	
All cupboards and drawers emptied (including under sink)	
All cupboards cleaned out and shelves wiped down	
All cupboard and drawer fronts/handles wiped down	
All drawers vacuumed out and wiped clean	
Worktops cleaned	
Ovens cleaned inside with oven cleaner (read manufacturer's instructions first!) Oven liners cleaned and replaced. NB: Don't use oven cleaner on the outside of the cooker.	
Hobs and cookers cleaned (you can get special cleaner especially for ceramic hobs), including the grill pan and knobs.	
Microwaves cleaned inside and out with a warm damp cloth and a spot of washing-up liquid. Heat a mug of water on full power for 2 minutes to steam the interior to make it easier to clean. Whatever you do, DON'T use cleaning fluids like Cif or oven cleaner!	
Fridges and freezers defrosted and cleaned inside and out	
Wedge fridge and freezer doors open to prevent mould growth	
Clean floor, including under cooker and fridges/freezers.	

LOUNGE

TASK	DONE!
Remove all rubbish	
Windowpanes, frames and ledges cleaned. (Buffing the glass with scrunched-up newspaper will give you a streak-free finish!)	
Curtains properly hung	
Door paintwork cleaned and handle wiped down	
Light switches and sockets wiped clean	
Skirtings and picture/dado rails (if your room has them) dusted/cleaned	
All posters, photos and Gripping Stuff removed from walls. There should be no Blu-Tack to remove, because you didn't use any, right?	
Dining table and chairs wiped down	
Coffee table cleaned	
Sofas and armchairs wiped down/cleaned	
Fireplace dusted/cleaned and any candle wax removed	
Any other furniture cleaned	
Floor vacuumed	
Vacuum cleaner emptied and new bag installed	

BASEMENT/EXTERIOR

TASK	DONE!
Remove/pick up all rubbish	
All rubbish tidily in bins or, if bins full, taken to tip	